# ARE VALLEY MAG COMMUNITY NEWS AND LOCAL BUSINESS DIRECTORY

May 2014

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May is the month for holidays and relaxation. You don't need to go far to enjoy this beautiful district. We've had a lovely time recently hosting two vibrant students, both of whom have contributed to this month's magazine. We hope you enjoy reading their articles. One focuses on what to do with kids locally; places to visit, things to see. The other highlights fashions from the forties, and links to the up coming 1940's weekend in Haworth.

Whatever you choose to do, we hope you will have a fantastic May.



Liz Barker, editor @LocalGlobalGirl



Say you saw it in the Aire Valley Mag!



## The other side

Contemporary international artists and designers from the route of the Tour de France Grand Depart Stage 2.

17 April 2014 to 6 July 2014

Thursday - Sunday 10.30 -4.30 (other times by appointment)

Sam Shendi (sculpture), Judy Sale (mixed media) Jo Holland (photoart) Anthony Hartley (furniture)







# BOLTON ABBEY

# fe undels files

RIVERSIDE CAMPING 4 - 7 July £105 for weekand pitch with parking space

PARK & CYCLE 5 July £10/car Multiple viewing points within casy reach

#### PARK & SPECTATE 6 July £10km Family entertainment on site





# The perfect base to watch the race

Bolton Abbey is opening its grounds for campers and spectators from Friday 4th July until Monday 7th July. This iconic Estate is perfectly positioned for access to Stage 1 and Stage 2 of the Grand Depart.

The Estate is offering car parking for those who wish to come for the day and watch the race. The team at Bolton Abbey will be rising early to allow guests to arrive in time for Stage 1 or Stage 2.

The minimum distance to walk to watch the race on Saturday is 2 miles and only 1/2 mile on Sunday. To avoid disappointment book in advance www.boltonabbey.com as this, the world's greatest cycle race - the Tour de France is set to bring millions of fans to the Yorkshire roadside. For those wishing to stay the Estate is offering a one off opportunity to camp. Nestled alongside the bank of the River Wharfe the campsite is situated next to the Cavendish Pavilion known by many as the 'The Yorkshire Dales cycling pit stop' and frequented by the Brownlee Brothers.

Family entertainment and refreshments will be located in the field in front of the Devonshire Arms Hotel on Sunday 6th July.



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#### **COUNTRY COOKING & FORAGING FOR FOOD** For the promotion of Health & Wellbeing by Cath Bromwich



# Making it English

My childhood home was one of those 'pariah' states that no one visits now. It was a

fantastic place to be a teenager, sleeping on the roof, watching the desert sky circle above your head, and it was also where I learnt to cook... because the alternative was not enjoyable. Bread had flies. not 'currants' in. as well as weevils. The flies were one step too far, so I began baking bread. There was not much food, we even had a special permit for potatoes!

We always looked forward to going to the one decent restaurant in the capital. And when I say 'decent', I mean perfection. Surrounded by the shattered glass from the latest insurrection, my tender taste buds were introduced to the finest Middle Eastern flavours (it was a Lebanese restaurant).

The multitudinous platters of a heaven-like banquet included delicate sweetmeats and pungent dips. Along with the now familiar hummus and tzatziki were beautiful pastries and succulent meat. However, a real favourite was tabouleh: a green-coloured salad with grain and red tomato pieces set like iewels amid the rich base of parsley, all drizzled with the best olive oil and lemon juice.

Although I love the good food in Yorkshire, I do miss the flavours of that time. It is no coincidence that I keep coming up with recipes that originate from such places when I go foraging! At the moment, fresh young hawthorn leaves are sprouting on the bushes. bright green and tender. They don't taste of much, but make a good, textured, addition to parsley that enables me to make a true tabouleh.

Hawthorn is a traditional spring tonic, like nettles. You can eat the leaves as a nutritious 'bulk out' with your stronger flavoured spring greens, use the flowers in game stews, and make autumn complements to meats with the haws. I am particularly pleased that I can make a very English version of one of my favourite Middle Eastern dishes by using leaves from the

hedgerows, since buying all the parsley to make a good tabouleh would go so against the grain of what a thrifty forager sees as proper!

Top tip: Asian supermarkets sell flat-leafed parsley at affordable prices

Cath Bromwich, a Silsden resident, is a cookery teacher and forgaer. Her livelihood includes forgaing and cookery courses such cooking on a budget and outdoor foraging and cooking experiences. She trained at Balleymaloe Cookery School, Ireland, For more information, or to pass on your stories and recipes, contact Cath at www.facebook.com/ foragercathyorkshire

### Tabouleh: Cath's way

A bunch of flat or curly parsley, pick up to an equal amount of young hawthorn leaves, 3 ripe tomatoes, half a cucumber, approximately 100g grain (usually buckwheat but you can also use couscous



or leftover rice). salt, pepper, extra virgin olive oil. lemons. Follow packet instructions

to cook your grain. Chop parsley and hawthorn leaves finely. Put in a bowl, cut tomatoes and cucumber very small. Mix leaves, cooled grain, tomatoes and cucumber. Let the green rather than the grains dominate. Season, pour on lemon juice and olive oil in a 1:3 ratio. Mix, be happy with the taste, tip onto a plate and decorate with lemon wedges. The flavours develop over time, but eat that day for freshness. You can also add any other herbs, like mint, or foraged greens for different flavours.



# That's entertainment!

Big name acts from the glory days of music are topping the bill at Silsden's SummerJam festival in keeping with the event's retro flavour.

Summer Jam takes place from Friday. August 22 to Sunday, August 24 on Riverside Fields, Silsden, and has acts lined up over three days to suit a range of musical tastes.

\*\*\*Breaking news: The Saturday night headliner has just been announced as Sheffield based indie band

# REVEREND&THE MAKERS

Bruce Foxton, former bass player with The Jam is the Sunday headliner with his eponymouslynamed band. From the Jam - featuring Russell Hastings as lead singer. Mod icons The Jam were one of the greatest and biggest selling bands in British history boasting 18 UK Top 40 singles and are best remembered for classics like Going Underground, Town Called Malice, The Eton Rifles and That's Entertainment.

Bruce said: "The whole band are really looking forward to the Summer Jam festival. Always a great warm and up-for-it crowd in the north. The set will be a mixture of classic hits plus, as we've been touring an album per year, we've hand-picked a few album tracks off each album to intrigue the hardest of fans. We really love the festival atmosphere, which runs off on bands, so a great

night's to be had by all. Bring it on!" Tom Hingley, former lead singer of Manchester indie band Inspiral Carpets, has been announced as the Friday headliner. Tom has become a highly acclaimed solo artist in his own right and combines his old band classic singles with an eclectic mix of soul, rock and roll and blues. He is described as the 'glory days lead singer' with Inspiral Carpets - one of the pioneers of the Manchester Music scene, who sand on all their chart hits for 22 years, until he parted company with them in 2011. With The Stone Roses and Happy Mondays, Inspiral Carpets were leaders of the indie music scene which sparked an international cultural explosion called Madchester. Classics like 'This is How it Feels' and 'Saturn 5' propelled them to international stardom, with millions of fans around the world.

Tom is also looking forward to taking the stage in Silsden. He said: "Summer Jam will be a real treat for all fans of music. new and old. Expect a wonderful live experience full of an eclectic mix of material for anyone who likes music from the past five decades. I'm really proud to be part of that." The weekend camping festival - a family-friendly, community focussed event - will be raising money for Teenaae Cancer Trust

For more details and to buy tickets visit www.dirtyboyinc.com or phone 07581 498817



# **Hello Spring**!

It's time to get back to the garden. Natural shapes and prints inspire fresh new looks for the season.

This seasons fashion trends are like no other I've experienced before. It was a sheer delight to be amidst such vibrant colours and floral prints during the bleak winter months & just knowing what was about to hit the rails was most exciting.

Spring 2014's hottest look is no doubt about wearing one print on all items of clothing and accessories, or to clash several patterns in one outfit. If that seems too daring, then the third approach to this hot trend is to work one colour splashed on everything: shoes, bags, phone cover, the works. Too much is simply not enough. Team your neon florals and botanical blooms with edgy attitude and offbeat accessories, like metallic glam rock accessories, sky high sandals or chilled-out trainers.

On summer's catwalk, powdery soft mints are either offset with stark nude tones or blended with sorbet colours, like candy floss pink, baby blue or lemon sherbet, best worn with plenty of confidence.

We're big fans of big scarves - they're cozy, warm and can completely transform a look. In this age of creativity and true expression of oneself, a simple scarf which can be worn in various different ways can create a fashion statement unique to you. Check out our website www.firthsboutique.com to see the many creative ways of wearing a scarf.

Yellow is a colour that immediately grabs your attention in the most direct way possible. Its bright, loud and instantly holds the eye. It's the colour representative of spring and summer, of times festive and giddy. Yellow is also the coloured jersey worn by the race leader of the Tour De France which will be coming through Haworth on the 6th July! Exciting times ahead .....



NIkki Carroll from Firths Boutique in Haworth







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## Things to do in the local area (For the kids)



By Callum Attrill, work experience student from Bingley Grammar



With the holidays underway, you don't have to go abroad to have a good time! It can be hard to find fun activities to entertain the whole family so

here are some ideas to keep the cries of "I'm bored!" away.

For a beautiful sightseeing opportunity, why not visit Shipley Tramway. Feel the wind in your hair as you cruise through this picturesque area.

There are also walks for those hoping to do some exploring of their own and there is lots of fun to be had. For extra information on events and directions go to www. shipleyglentramway.co.uk

For some springtime fun for all the family, why not visit **Raygill Lakes**? Hidden out of sight in a forgotten valley there are many activities to



enjoy. From fishing to wildlife trails Ravaill Lakes will not leave you disappointed.

Help caveman on his guest to hunt down all the animals on the childrens animal hunt! It's fair to say this hidden gem is worth a visit.

For further details and directions visit www. raygillfisheries.co.uk

A personal favourite of mine is **East** Riddlesden Hall, a 17th century manor house I have been visiting since I was little.



With a play area and an array of activities for kids and a tea room for adults there is no reason not to take a tour of this

beautiful nature haven. There is also a maze (My favourite) and lots of other places to explore. With many events going on there is always something to do so be sure to take a

look at their website www.nationaltrust. org.uk/eastriddlesden-hall Another place you



could visit is the scenic and historic Bolton Abbey in Addingham. Take a look around the abbey's ruins and take a walk through the many pathways and walks around the site. If you get tired or feel like you need a nice cup of tea to give you a boost, there is a cafe on site with many tasty delights.

There are also many events to join in with so check out the website: www.boltonabbey. com. Last but not least on my list of family adventures is **Hesketh Farm**. This is great for animal lovers as you get the opportunity to feed and pet animals. There is also a go kart track and a huge playground at the back so

this Farm is definitely jam-packed with fun. For direction and details head to www.

heskethfarmpark. co.uk



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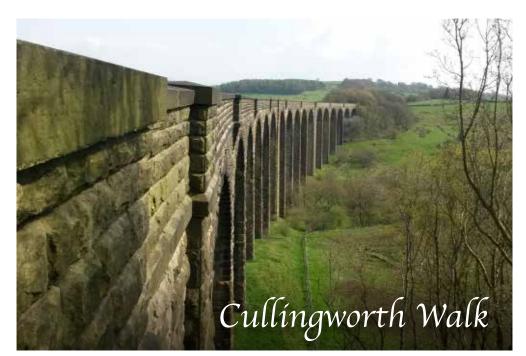




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#### We have some friends over from Australia, so have been thinking of places to take them to show our lovely area off to its best.

Initially we thought of St Ives but there wasn't a single place to park and so we grudgingly continued past the Ice Cream Van and out of the gates, to howls of amazement from our visitors about how 19 degrees is like their winter and who would eat an ice cream outside" in this weather?"

So we fell upon Plan B, the walk around Cullingworth that takes us over Hewenden Viaduct and down to Hallas Bridge. We parked at the end of Station Lane, which can be found opposite the Station Hotel in Harecroft and, as it was so glorious, I went for a walk in just my shirt. This was to the amusement of our guests, who pulled their hoods up and folded their arms against the mild breeze. After passing over the viaduct, which last saw traffic in 1963 and at 123ft high was the second highest in the country (more details available on the Forgotten Relics from an Enterprising Age website) we went down the unadopted track of Hallas Lane before reaching Hallas Bridge. There are always dogs for Molly and George to meet and greet, before it's back to the serious business of wading in the water for sticks or, in George's case, plunging your head fully underwater to find stones.

From here you can either go down the valley past the waterfall to Goitstock woods, Harden and a much further walk or you can turn up past the beautifully tranquil, converted mill on the path that goes to Bent Lane. From here there is a footpath that takes you along the top of the bank back to the bridge at the bottom of the hill or you can walk up Bent Iane and come out nearly opposite Station Road to where you started. It's one of those walks that can fit in with how much time you have to spare on that particular day and can be extended as far as Wilsden, if you want. I do hope our friends were impressed.

Antony Silson







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# Setting out our stall

With the Tour de France 100day cultural festival now

well underway and just two months left before Le Grand Depart, things are moving pretty quickly – and it's all starting to feel very real.

As well as a big screen, race-related activities and local information, the Haworth spectator hub will offer plenty of entertainment for all-comers, such as performances by musicians, a children's Circus Skills Workshop and the fabulous Freyja Fire Sprite promising 'fire fans, fire eating and fire tricks'. A local product market will showcase what the area has to offer from food and drink to arts and crafts – and producers from across the district are invited to apply for a coveted stall in this prime spot.

#### To apply contact Andrew Vaux on 07871 264 610 or email andrew@arvapr.co.uk

Our TDF preparations attracted a VIP visitor in the form of Sports Minister Helen Grant who called in on Worth Valley's primary schools to see how they were getting involved. Worth Valley Councillor Russell Brown who showed her round with MP Kris Hopkins, said she was 'pretty blown away' by all the work that was going on around here and, as it was a whistle-stop tour, expressed an interest in returning during Le Tour.

Russell and the 'Hollywood' team have been busy, meanwhile, updating the salutations on the hillside above Shaw Lane, Oxenhope, which are now among the most wellrecognised icons of Le Tour in our area. The signs celebrate all things Yorkshire and are often humorous: EAT PIES. DRINK BEER, KNIT WOOL, BAKE BUNS, the latest one has been a call to, most appropriately, get 'ON YER BIKE'. One way people are able to do just that - and take in a bit of our more rugged terrain is by signing up for an off-road adventure with MTB Cycle Yorkshire, who will be running mountain bike trail rides from the Manorlands Le Tour campsite at Stones Top Cottage above Oxenhope during the TDF weekend.

SON HE KOUT

The Worth the Tour team have been busy working on a video for the Truck

and Cycle Road Safety event organised by Bradford-based Freight Train,

> the specialist haulier training company. The aim is to foster greater understanding between truck drivers and cyclists, reduce accidents and hopefully even save lives. It features interactive safety events for families and a discussion group bringing together the police, Road Haulage Association, West Yorkshire Passenger Transport Executive, Bradford Council Highways and other

experts, to debate the issues. The public is encouraged to attend the evening session, 6:30pm May 7th at University Academy Keighley.

On Friday May 30, UAK is also the setting for a seminar being held by Active Bradford Partnership with Welcome to Yorkshire boss Gary Verity as keynote speaker. There will be advice for businesses on how to benefit from Le Tour – not just locally but nationally and globally – and it is hoped we will be welcoming some international delegates to the event. [see page 27 for booking details]



# **A Growing Vision**

## fields of vision

The Fields of Vision team have not been letting the grass grow over recent weeks.

Work has started in

earnest on the major land art project which is the Bradford District's contribution to Yorkshire Festival, the 100 day cultural event leading up to Le Tour. Appropriately, the first visions are emerging on our patch – as the project is led by Worth Valley Young Farmers, along with Pennine Prospects and Worth the Tour. One of the most iconic sites is Lower Laithe reservoir in Stanbury which, says organiser Andrew (Woody) Wood, has become the Fields of Vision 'poster girl' as it was brought to life in a digital preview featured in numerous publications including this one. "That means we are under added pressure to ensure the finished artwork for this one exactly matches the design" said Woody, as he and the team marked out the site, using simple string, peg and ribbon techniaues.

The banking will provide a canvas for 'Ripples' by Hebden Bridge-based Trudi Entwistle. Trudi is a 'site specific' artist who works mainly in the outdoors creating art



enhanced

which is responsive to the landscape. In this case she has focused on the relationship between water and the strong geometry of the man-made site with its linear walls and field boundaries. The piece will be drawn using liquid fertiliser,

with iron. to form patterns of darker green grass leaf which contrast strongly with the lighter greens of the living canvas.

A more typical Yorkshire flavour has already emerged on the 'Stanbury 3' site where 'One man and his Dog' by Simon Manfield (no pun intended says Woody) has already been marked out and can be viewed from the layby outside Haworth cemetery.

That particular artwork should appeal to the BBC Countryfile team visiting us next month. They will also see the progress of the Oxenhope artwork, by Louise Lockhart, in the form of a dancing lady - representing the emancipation of woman by the bike in the Victorian Era and the Worth Valley site off Goose Cote Lane which will

host Raz Ul Hag's 'italic bike'. Once again we will be seeing and hearing a helicopter buzzing overhead to fly the TV crew around the local sites.

Where is the red x located in the photo to the right? ? on the prize is generously donated by tast Riddlesden Hall

#### **Day Family Pass**

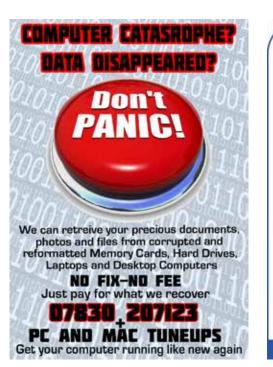
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The winner will be selected from all correct answers received by MAy 25 2014



Last month's location was East Morton Primary school. The winner was Angela Green from East Morton Google Earth ©

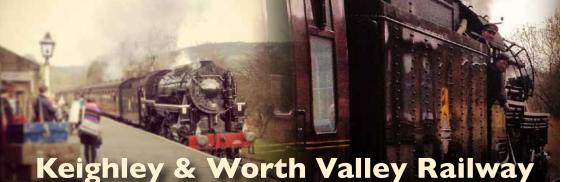
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I am very mindful that the Railway is at the centre of the tourist economy on which many local businesses depend, yet it can sometimes be difficult to appreciate what our team of volunteers achieves when the Railway is on our doorstep and has been so much a part



of the fabric of the Valley for such a long time: we near 2018, which will mark 50 years of operation under the Preservation Society's stewardship.

We are very keen to be able to reenact the re opening special train that we ran in June 1968. but that will take some £300k of funds and a huge effort to get a particular locomotive back in traffic that we very much hope to do and which is why 2018 doesn't seem so far away to us.

The effort it takes just to keep the railway operating every weekend and daily in school holidays using steam engines and rolling stock dating back nearly 75 years in many cases, and much even further, is staggering, but vital. Many items in our collection represent important moments in our nation's heritage, and I am very proud to say that as a result we can contribute directly to the 1940s weekend in Haworth, during which we will be formally recognising the restoration to traffic of two classes of locomotive that were central to the Allied war effort. The restoration involved repatriating one locomotive from Sweden and one from Poland, and, in the case of the former, working hard to convert it

from a design suited to running in the Arctic Circle rather than the much warmer Yorkshire climate (!). During the weekend we also will providing a Park and Ride service, taking pressure off the roads in Haworth, whilst not diverting visitors' focus from the event in Haworth itself.

We aim to play a similar Park & Ride role in July for Le Grand Depart of the Tour de France, when we expect to be offering the only transport link up the valley on a day when roads are closed, so the 'buses won't be able to operate. We are planning to operate an intensive service from around the time of the road closures (which we understand to be around 7am) until early evening to help move the anticipated high volumes of visitors between the 'hubs' at Keighley and Haworth. as well to Oxenhope for what should be some spectacular vantage points in and around the village. Please continue to check on www.kwvr.co.uk for the latest news as we finalise our proposed operation with the event coordinators.

Whilst all this goes on, we continue to develop plans for the café at Oxenhope, with planning approval received and the contract currently out to tender. I am looking forward to being able to explore ways that local community groups can benefit from the space, assuming final Railway board approval is given to fund what will be a very significant build and fit-out cost.

As ever, if you would like to get involved and join our 500-strong volunteer team or to discuss any of the plans mentioned, please do get in touch either with me directly on matthew.stroh@kwvr.co.uk or via the Railway's office on 01535 645214 / admin@kwvr.co.uk

> Matthew Stroh. Chairman. Keighley & Worth Valley Railway



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Manorlands Hospice





# TOP TECH TIPS by Michelle Thompson at CloudFree IT

#### Technology is not the problem!

When you see headlines like 'The greatest security risk in history' appearing in response to the latest widespread hack or virus outbreak, do you feel like ripping the network cable out of your router, yanking the SIM out of your mobile, slapping on a tinfoil helmet, and running down your street

screaming 'Free me from this evil called technology!'? Reality check time, folks! Technology isn't the problem here, it's people!

- I. In all civilisations there will always be people looking for easy ways to make money without doing any legitimate work. Crime is the result.
- Clever criminals don't like to get their hands dirty'. Stealing via the internet is the current 'crime of choice' as detection can be evaded.
- **3.** Humans make mistakes. Computer systems are designed by humans, ergo there will always be mistakes in computer code, just as there are mistakes in car and fridge designs, resulting in product recalls. All it takes is a hacker with time on their hands to find flaws and sell harvested data to criminals. Once one vulnerability is patched they're already on the hunt for another.
- Well-informed people do all they can to protect themselves from criminals of all kinds, including those using the internet.

Most 'big name' websites affected recently, e.g. Pinterest, Tumblr, Instagram etc, were vulnerable long before 'Heartbleed' made the headline news. Hackers could have been harvesting data for months. Changing a password immediately is shutting the barn door after the horse bolted. Far too many people use the same username and password on several different sites. Data stolen from vulnerable sites might be used to get access to other sites that aren't vulnerable! Being 'laissez-faire' about your passwords and other personal data is the same as walking down a dark alley with your wallet hanging out of your back pocket and having your bank PIN in neon lights on the back of your jacket! Make life more difficult for all internet criminals by doing the following:-

- I. Change all passwords regularly, not just when you hear about a new vulnerability on the news. Don't use the same password on multiple sites.
- 2. Before choosing a password, think about how easy it would be for someone who already has a little information about you to guess it. Could your password (or a simple variation of it) be used to access your social networking accounts to find out more info about you, such as your date of birth, place of birth, address, mother's maiden name or pet/child's name?
- 3. Does your Facebook profile give too much away? Would information stored there give a criminal the means to access other accounts where card or bank details are stored? What could they do with info about you? Online application for a cash loan or credit card in your name springs to mind...
- 4. If your online banking requires only a simple password and/or asks you for answers to one or two 'security questions', switch to a bank that takes security seriously and offers a proper security device with their accounts.
- 5. Strong passwords are hardest for people to remember and hardest for password cracking systems to crack. Don't use names of people, places or pets, ever! A random string of uppercase and lowercase letters, numbers and symbols is safest.
- 6. Worried about the number of passwords you need to manage? Pay for a third-party password management device or system. Whilst some hackers might boast they can get past these too, anything that slows them down increases the chance of them being caught, so they will move onto a different target.





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Sat 10th May at Glusburn Community Arts Centre at 8pm. Rock and Roll Music Night with Rocko and the Reverbs playing Chuck Berry, Johnny Cash, Buddy Holly, Elvis Presley and more... Tickets £6 from Glusburn Institute. Cross Hills Post Office and online from www.gicac.org.uk Sat 10th & Sun 11th May The 16th Bronte Vintage Gathering at B6144 Haworth Road, Cullingworth, BD13 5EE. A show for the family. Free Parking, Admission fees apply, More info call 01535 275535 or visit www. bronte-vintage-gathering.co.uk Thurs 15th May Extreme Stunt Show, Silsden, Riverside Field (Car Boot Site). Starts at 7.30pm gates open 1 hour before. Advanced Adults £12. Child £6 On Gate Adults £14, child £7. More info visit www. extremeeventseurope.com.

Sat 17th May at Glusburn Community & Arts Centre at 7:30pm Skipton Building Society Camerata, String Music Concert. Elgar: Serenade for strings, Finzi: Dies Natalis, Dvorak: Serenade for strings. Tickets £15 concession £13

Sat 17th & Sun 18th May Haworth 1940's Weekend A fabulous weekend celebrating and commemorating the 1940's www.haworth1940sweekend. co.uk

Sun 18th May Victoria Hall, Keighley Antiques & Collectables Fair The event runs from 10.00 am - 4.00 pm, adult entry fee is £1.50. Ample free parking.Northern dealers trading in a vast range from Ancient Artefacts to Modern Collectables, Curios, Memorabilia & much more. Email info@ warleyfairs.co.uk or visit the website at www.warleyfairs.co.uk.

# COMMUNITY PAGES

Sun 18th May 10 am - 4pm at Skipton Town Hall Collectable Vinyl Records and CD Fair. Meet the sellers face to face and examine the condition of the records yourself.

Sun18th May. Train rides for all the family. Miniature trains running at Marley sports field 1.30pm until **5pm.** Steam and electric trains providing trips for all ages. Great family afternoon out. Refreshments available. Details at www.kdmes.org.uk Oxenhope Antiques & Collectors **Society** Are you interested in Antiques & Collectables? If so, come and join us. We meet on the **4th Thursday** each month at 7.30pm at Oxenhope Community Centre. May 22nd our speaker will give a talk on "The Fire & Restoration of Windsor Castle". For more info call Jo 01535 645275 Sat 24th. Sun 25th & Mon 26th May Haworth Craft Fairs at Bronte School Room, Haworth 10 am - 4 pm. Sun 25th May Silsden Car Boot, Riverside Field, Silsden. Gates open at 7am until 1pm. For further info call 01535 654747.

Sun 25th May Parkas & Leathers 4 Charity Day & Ride Out in aid of Yorshire Air Ambulance & Soldiers of the Streets. Bikes & Scooters will meet at the Bay Horse, Kings Arms & Black Bull in Sutton from 12pm. Ride will leave at 1pm calling at the 3 pubs. The riders then go to Steeton, Silsden then over the tops to Skipton returning back to Sutton. Live music being played in the car park of the Bay Horse Pub as well as live music in the Black Bull. All welcome. More info call 07769172479 or email semmett15@gmail.com

Sun 25th May Pace the Train at 5.30pm Pace the Train is a fantastic cycling event where participants of all abilities can take part with the aim to reach Oxenhope Railway Station before the steam train. At the same time as the whistle blows to start the train's journey, all the Pace the Train participants start their ride at **Sue Ryder Manorlands Hospice.** Places are limited so enter early. Details are on www.pacethetrain.org. uk. or Contact Andrew Wood 01535 640176 andrew.wood@sueryder.org.

Mon 26 May until 30th Aug Bolton Abbey Estate - Welly Walk - Tree climbing, tunnels slides, bridges and beams, amazing fun, forget being clean!!!

Thurs 29th May - Sat 31st May 3pm until 11 pm Skipton Beer Festival at Rendezvous Hotel, Keighley Road, Skipton 01756 796167 www. skiptonbeerfestival.org.uk Free entry to all.

Sat 31st May East Riddlesden Hall The Airedale Coin Collection. An amazing collection of over 300 coins covering 2,000 year of English history will be on display for one day only. This fascinating collection, which has been

built up by one of East Riddlesden Hall's volunteers over 60 years, features coins from every Monarch's reign (except two) since Alfred the Great in 871 to modern day. More Info: Carla Weatherall, 01535 607075, carla, weatherall@nationaltrust.org.uk Sat 31st May - Sun 1st June Trailtrekker Funding raising event for Oxfam. Yorkshire Dales National Park. starting in **Skipton**. Trailtrekker is a 100km trek for teams of four. over 30 hours across the Yorkshire Dales National Park. Around 300 teams take part in the event each year, all raising money to help people in poverty. For more information and to enter visit Website: www.oxfam.org.uk/ trailtrekker

**31st May Afternoon Tea in aid of Manorlands at Ashmount Country House,** Mytholmes Lane, Haworth, BD22 8EZ. **£13.50 per person with two sittings at 1.30pm & 3.30pm.** To reserve a place call Rebecca at Ashmount on 01535 645726 or email info@ashmounthaworth.co.uk **Fri 6th June at Glusburn Community & Arts Centre at 7pm, Film Night**, The Kid with a Bike. Tickets £5 concession £3.50





Saturday 10<sup>6</sup> May at 8pm Rock&Roll Night

Saturday 17<sup>th</sup> May at 7.30pm SBS Camerata string concert

For more information contact us on 01535 630223 or visit our website www.gicac.org.uk

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### FASHION ON RATION by Ellie Gaudiosi

Fashion took a backseat in the 1940s as WWII took over. Fabrics were rationed, synthetic materials such as viscose and rayon were becoming more commonly used, and many women took to making their own clothes from spare materials they found around the house. Fashion became more about practicality than glamour, but despite the limited resources, women of the 1940s formed an iconic style that is still adored and emulated today. Due to the fabric rations, there was less material to go around and so women's' hem lines were shortened to calf length, meaning they were able to show off their legs for the first time. When the military began using nylon, which was used for stockings, ladies began using leg cosmetics to paint their stockings on. For those who were not fortunate enough to afford such make up, they would stain their legs with tea and draw a line up the back of their legs to create the stocking seam.

As there were restrictions on trimmings and pleats, and a strict two pockets and three buttons rule was enforced, many of the dresses of the time were plain, with little embroidery or embellishments. Despite the lack of choice at the time, the 1940s silhouette created a feminine figure with boxy padded shoulders and calf length skirts cinched in with a belt to give a tiny waist.

Being practically dressed and ready for work was crucial for women at the time. Many women opted for flat shoes and even when they did wear heels, they were much lower and chunkier, easier for walking. Open toe, t-bar styles were popular as they were secure to the foot and also saved on shoe leather.

One of the biggest style changes of the 1940s was the introduction of trousers into women's fashion. As many women were enlisted to work in the factories, trousers became a part of their work wear wardrobe. Hollywood actresses such as Katharine Hepburn, who often wore wide-legged, high-waisted trousers as she felt they were more comfortable, helped to change perceptions on how women should dress, meaning for the first time slacks were accepted as casual wear.

Sunderland University student Ellie Gaudiosi, gained work experience this year on a two week placement in the office of the Worth & Aire Valley magazines. Local girl Ellie graduates this year with a degree in Magazine Journalism.



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